

To clean your piercing daily you will need:
Sterile saline wound wash;
Q-tips; and
Non-woven gauze.

General Aftercare

Morning and evening, when debris is present, spray saline wound wash on both the front and back of your piercing. Allow this to sit and soften the debris for a few minutes. Then, spray saline on a Q-tip, use the damp Q-tip to gently wipe away the debris and rinse thoroughly with clean water. Rinsing is important. Leaving saline on the skin will cause dryness. Following the cleaning procedure before a shower allows you to rinse off in the shower.

Store the saline in the fridge for the first few weeks so it is cold upon use, thereby soothing swelling, tenderness, or redness that may accompany an initial piercing. You may also make clean, disposable ice packs for cold compress by putting some ice in a Ziploc bag and wrapping the bag in a clean paper towel. This will help soothe any swelling, tenderness, or discomfort initially. Bleeding, bruising, swelling, and tenderness are all normal reactions to a fresh piercing. It's important not to touch your piercing needlessly. No spinning, twisting, or rotating. Make sure that you wash your hands thoroughly before cleaning the piercing. Try to touch the piercing only during cleaning. Avoid harsh chemical products such as alcohol, peroxide, Bactine, tea tree oil, or any other ointment.

Children's Ear Piercings

Follow all general aftercare instructions plus this section.

Do NOT spin, twist, or rotate the piercing. Make sure you dry the ears thoroughly after cleaning and after bath or shower time. If you do not dry hair after bath-time, pull the hair back and make sure wet hair is not sitting against the piercing. Check the earring for tightness from time to time.